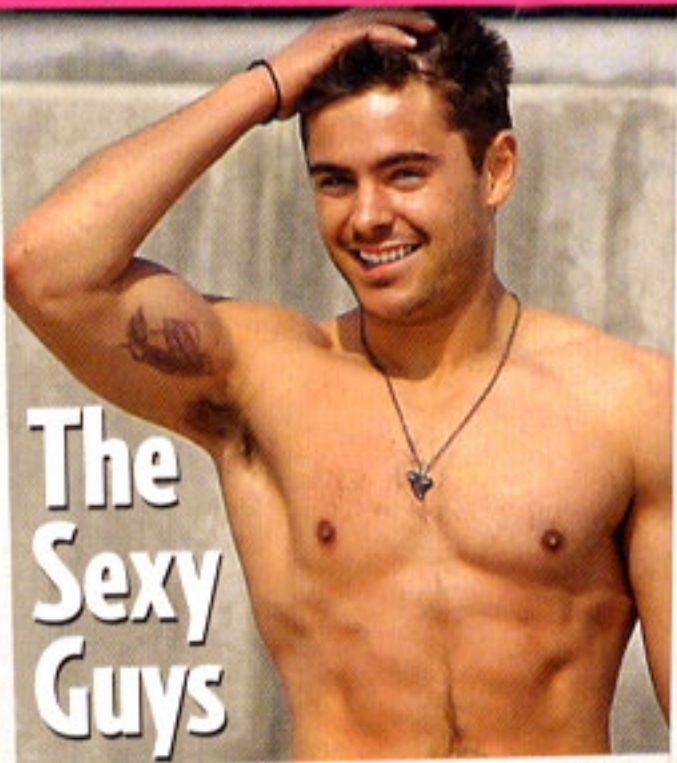


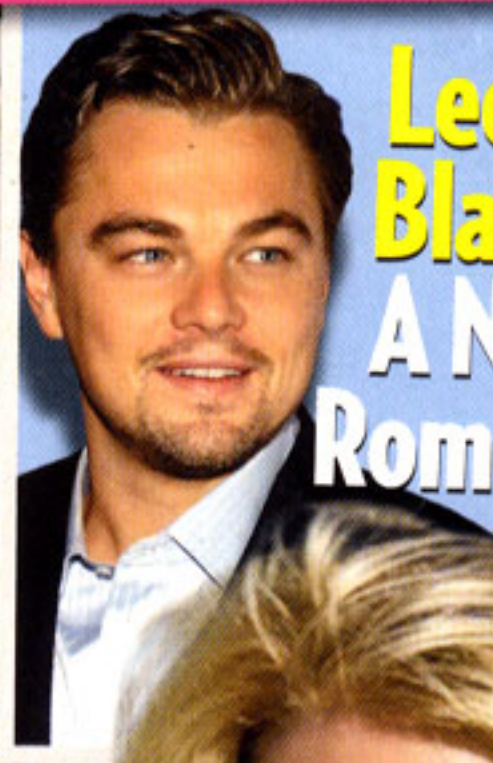
Pullout Poster!

BETHENNY'S AT HOME YOGA PLAN

US
WEEKLY



**The
Sexy
Guys**



**Leo &
Blake!
A New
Romance**



SPECIAL ISSUE

HOT BODIES 2011

**Stars share their
favorite diet & toning
secrets to get
sexy fast**



ROBERTO AND ALI

To stay buff, the pair hike, bike and swim together; they visited five pools at the Esperanza resort in Cabo San Lucas, Mexico, during their trip with the Sutters! "It's more fun that way," says Ali Fedotowsky, 26. She's also trying to get fiancé Roberto Martinez, 26, into hot yoga — even though his flexibility is lacking. Admits the golfer: "My Downward Dog is not up to par!"

The San Diego-based duo often dine on sautéed chicken and veggies.

The Sutters snack on fruit at home in Vail, CO, but splurged at the Esperanza. "The white chocolate lava cake was to die for!" says Trista.

Bachelorette Getaway!

These reality loves reveal how they stayed sexy after cameras stopped rolling **BY ERICKA SÓUTER**

TRISTA AND RYAN

Family and fitness go hand in hand for the Sutters, parents to Max, 3, and Blakesley, 2. "We're outside all the time," says Trista, 38, who also squeezes in cardio DVDs and crunches during the kids' naps. The workout of choice for her hubby of seven years: mountain biking! "I look forward to riding with the kids when they're bigger," says the firefighter, 36.

STYLING: JESSICA HARRIS; HAIR: TONYA WILSON; MAKEUP: JESSICA HARRIS; SHIRT: CALVIN KLEIN; BIKINI: CALVIN KLEIN; SHORTS: CALVIN KLEIN; NECKLACE: CALVIN KLEIN; BRACELETS: CALVIN KLEIN; RING: CALVIN KLEIN; SHOES: CALVIN KLEIN